

Angélique Clemson, D.O.

CURRENT	Trinity Wellness, LLC Solo Private Practice Family Medicine and Integrative Medicine	10/18 – Present
EDUCATION	Fellowship Arizona Center for Integrative Medicine The University of Arizona Tucson, AZ Certification: Fellow of Integrative Medicine Board Certified, Integrative Medicine	02/15 – 03/17
	Altoona Family Physicians Traditional Osteopathic Rotating Internship and Family Medicine with Obstetrics Residency Altoona, PA	3/99 – 4/02
	Des Moines University, College of Osteopathic Medicine Des Moines, IA D.O.	8/94 – 5/98
	Pennsylvania State University University Park, PA M.S., Exercise and Sport Science Area of Specialization: Exercise Physiology Thesis: The Effects of Plasma Cortisol Elevation on Total and Differential Leukocyte Counts in Response to High Intensity Intermittent Resistance Exercise	5/89 – 8/92
	Clemson University Clemson, SC B.S., Microbiology	8/84 – 12/88
LICENSURE	Osteopathic Physician and Surgeon, State of PA Drug Enforcement Agency	5/00 8/00
CERTIFICATION	Board Certified, American Board of Family Practice Board Certified, American Board of Physician Specialties Basic Life Support Advanced Cardiac Life Support Advanced Trauma Life Support Advanced Life Support in Obstetrics Neonatal Resuscitation	2011 2018

PROFESSIONAL MEMBERSHIPS

American Academy of Family Physicians (AAFP)
 American College of Osteopathic Family Practitioners (ACOFP)
 American College of Sports Medicine (ACSM)
 American Osteopathic Association (AOA)
 National Strength and Conditioning Association (NSCA)
 Pennsylvania Medical Society
 The Cranial Academy

ADDITIONAL MEDICAL EXPERIENCE

Penn State Milton S. Hershey Medical Center 01/18 – 03/18
 Locum Tenens, Weatherby Locums, Inc
 Multispecialty Group Medical Practice
 Hershey, PA

Family Health Associates, Lewistown Hospital 10/08 – 07/17
 Merger with Geisinger Medical Group -- Lewistown 03/2013
 Multispecialty Group Medical Practice
 Lewistown, PA

Medical Director 10/14 – 08/15
 Malta Home Nursing Facility
 Granville, PA

Bellefonte Primary Care, Ilc 4/06 – 6/08
 Private Family Practice
 Bellefonte, PA

Penns Valley Area Medical Center, pc 11/07 – 2/08
 Locum Tenens

Mountaintop Area Medical Center 8/03 – 11/05
 Affiliate of *Keystone Rural Health Consortia, Inc.*
 Solo Rural Family Practice, MUA, HPSA
 Snow Shoe, PA

Huntingdon Family Care Associates, Ilc 8/02 – 5/03
 Co-founder, Co-owner Private Family Practice
 Huntingdon, PA

HOSPITAL AFFILIATIONS

Lewistown Hospital 10/08 – 07/17
 Affiliate Medical Staff
 Lewistown, PA

Mount Nittany Medical Center 8/03 – 6/07
 Affiliate Medical Staff
 State College, PA

J. C. Blair Memorial Hospital 7/02 – 5/03
 Full-time Active Medical Staff
 Huntingdon, PA

SABBATICALS

Personal Leave Per Diem assignments and establishment of private practice	07/17-10/18
Personal Leave For closing of private practice and job search	6/08 – 8/08
Personal Leave For establishment of private practice	11/05 – 4/06
Personal Leave For establishment of solo HPSA practice	5/03 – 8/03
Maternity Leave	4/02 – 8/02
Maternity Leave	6/98 – 2/99

PROFESSIONAL APPOINTMENTS

Graduate Teaching Assistant Des Moines University, COMS Des Moines, IA Instructed first-year osteopathic students in Osteopathic Manipulative Medicine Laboratory	Fall 1995 – Spring 1996
Graduate Research Assistant Center for Sports Medicine Pennsylvania State University University Park, PA Assisted with laboratory research projects, study design and data collection; co-authored laboratory publications; performed biochemical analyses, physiological assessment and exercise testing; operated and maintained laboratory equipment; processed computerized data; taught senior-level Exercise Physiology classes.	Fall 1991 – Spring 1992
Graduate Teaching Assistant Department of Exercise and Sport Science Pennsylvania State University University Park, PA Prepared and supervised laboratory experiences; instructed laboratory classes and graded laboratory reports for senior-level Physical Fitness Appraisal Classes.	Fall 1991 – Spring 1992

ADDITIONAL PROFESSIONAL EXPERIENCE

Personnel Coordinator/Office Manager Interim Personnel State College, PA	1/94 – 6/94
Trainer East Coast Health and Fitness State College, PA	4/93 – 1/94
Bartender Stork's Nest Lounge State College, PA	6/92 – 4/93
Nautilus Instructor Bellefonte YMCA Bellefonte, PA	8/91 – 2/92

Physical Education Instructor Basic Instruction Program Pennsylvania State University University Park, PA	8/90 – 12/90
Administrative Assistant Mainline Rehabilitation Associates Malvern, PA	5/90 – 8/90
Personnel Coordinator Empire Omni Temporary Services, Inc. King of Prussia, PA	2/90 – 5/90
Biological Processing Technician SmithKline Beecham Upper Merion, PA	11/89 – 2/90
Aerobics Instructor Recreational Sports Department Pennsylvania State University University Park, PA	5/89 – 8/89
Nautilus Staff/Strength Training Instructor Bellefonte YMCA Bellefonte, PA	1/89 – 6/89

**PROFESSIONAL
AND ACADEMIC
COMMITTEES**

J.C. Blair Hospital Case Management Committee	8/02 – 5/03
Altoona Hospital Infection Control Committee	2001 – 2002
Altoona Hospital Utilization of Osteopathic Methods and Education Committee	1999 – 2002
Advertising Committee chairman, UOMHS Health Fair	1995
Preventive Medicine Club, Class Representative	1994 – 1995
Public Relations Committee, SOMA	1996
Women’s Medical Alliance	1994 – 1996

**SCIENTIFIC
PUBLICATIONS**

Kraemer, W.J., J.A. Bush, J.A. Bauer, N.T. Triplett-McBride, N.J. Paxton, A. Clemson, L.P. Koziris, L.C. Mangenio, A.C. Fry and R.U. Newton. **Influence of compression garments on vertical jump performance in NCAA Division I volleyball players.** *Journal of Strength and Conditioning Research*, 10(3): 180-183, 1996

Kraemer, W.J., A. Clemson, N.T. Triplett, J.A. Bush, R.U. Newton and J.M. Lynch. **The effects of plasma cortisol elevation on total and differential leukocyte counts in response to heavy resistance exercise.** *European Journal of Applied Physiology*, 73(1-2): 93-97, 1997

**SCIENTIFIC
PRESENTATIONS**

L.P. Koziris, W.J. Kraemer, N.T. Triplett, A.C. Fry, J. Bauer, J.G. Pedro A. Clemson and J. Conners. **Strength imbalance in women tennis players.** *American College of Sports Medicine*, Orlando FL, May 1991

N.T. Triplett, W.J. Kraemer, J. Bauer, M. Markary, A.C. Fry, J.G. Pedro, L.P. Koziris, A. Clemson, S.E. Gordon, N.J. Paxton and J.M. Lynch. **Physiological relationships to ball velocities in competitive women tennis players.** *National Strength and Conditioning Association*, St. Louis, MO June 1991

W.J. Kraemer, A.C. Fry, S.J. Fleck, H.G. Knuttgen, N.T. Triplett, S.E. Gordon L.P. Koziris, N.J. Paxton, J. Yankanich, J.G. Pedro, A. Clemson and N.J. Paxton. **Physiology of tournament wrestling.** *American College of Sports Medicine*, Dallas, TX, May 1992

N.T. Triplett, W.J. Kraemer, A.C. Fry, S.J. Fleck, J.M. Lynch, L.P. Koziris, N.J. Paxton, A. Clemson, J.G. Pedro, S.E. Gordon and J. Yankanich. **Effects of tournament wrestling on upper and lower body strength measures.** *National Strength and Conditioning Association*, Philadelphia, PA June 1992

Kraemer, W.J., N.J. Paxton, J.M. Lynch, A. Clemson, A.C. Fry, S.E. Gordon, N.T. Triplett, L.P. Koziris and H.G. Knuttgen. **Physiological responses to a Big-Ten competitive soccer season.** *National Strength and Conditioning Association*, Las Vegas, NV, June 1993

Fry, A.C., W.J. Kraemer, F. van Borselen, J.M. Lynch, J.L. Marsit, N.T. Triplett and A. Clemson. **Endocrine response to short-term intensity-specific resistance exercise overtraining.** *National Strength and Conditioning Association*, Las Vegas, NV, June 1993

Fry, A.C., W.J. Kraemer, F. van Borselen, J.M. Lynch, J.L. Marsit, E.P. Roy, N.T. Triplett and A. Clemson. **Development of an intensity-specific resistance exercise overtraining model.** *American College of Sports Medicine*, Seattle, WA, June 1993

Triplett, N.T., A. Clemson, L.P. Koziris, A.C. Fry, S.E. Gordon, J.M. Lynch And W.J. Kraemer. **Influence of heavy resistance exercise on leukocyte counts.** *National Strength and Conditioning Association*, New Orleans, LA, June 1994

Kraemer, W.J., J. Yankanich, W.L. Kenney, J.M. Lynch, A.C. Fry, S.E. Gordon, N.T. Triplett, L.P. Koziris, N.J. Paxton, A. Clemson and S.J. Fleck. **The effect of the pattern of weight loss on hydration status in NCAA Division I wrestlers.** *National Strength and Conditioning Association*, New Orleans, LA, June 1999

